

Alabama USATF and The Birmingham Track Club
Alabama Youth, Open, Masters Track and Field, Race Walk
Championships Meet
June 6th 2009

Open and Masters Information Online at Btcclassic.com

When-June 6, 2009

Where-Hoover High Track

Time-Events Start at 7:30 A.M. Check schedule we may run ahead
of schedule after 9:30 a.m. depending on entries.

Youth Information

Entry Fee-10.00 Per Athlete

Make Payable to ALABAMA USATF Cash or Money Orders
Only

Awards-Top Three Places in each Event

USATF Cards are Required to Get Awards in the Meet

USATF Sanctioned and we will use USATF Rules

Entries online at Coach O

Go to Coach O.com and follow directions

Entries Due By Midnight Tuesday June 2rd.

ALL ENTRIES FEES DUE BEFORE YOU PARTICIPATE
FOR OTHER INFO PLEASE

E-Mail to Trakbird2@bellsouth.net

BIRMINGHAM CLASSIC TRACK MEET-ALABAMA OPEN AND MASTERS CHAMPIONSHIPS
RACE WALK CHAMPIONSHIPS
HOOVER HIGH TRACK
SATURDAY JUNE 6, 2009

ALL HEATS WILL BE RUN AS FINAL ON TIME
Stadium Opens 7:00 A.M.
Packet Pick-up ON FIELD AT FINISH LINE

DIVISIONS

SG,SB Sub-Bantam Girls/Boys 8 and Under
BG,BB Bantam Girls/Boys 10 and Under
MG,MB Midget Girls/Boys 11-12
YG,YB Youth Girls/Boys 13-14
IG,IB Intermediate Girls/Boys 15-16
YW,YM Young Women/Men 17-18
OPEN Open Division 19-29
MS-Master's Age Groups

SCHEDULE OF RUNNING EVENTS

THE MEET COULD RUN AHEAD OF SCHEDULE DEPENDING ON Number of HEATS
HEATS MAY BE COMBINED TO RUN THE MEET MORE SMOOTHLY
IT WILL BE AS CLOSE TO A ROLLING SCHEDULE AS POSSIBLE.
EXCEPT WHEN DESIGNATED, EVENTS WILL BE RUN SUB BANTAM UP TO MASTERS

7:30 A.M. 3000 Racewalk Appropriate Divisions
5000 Racewalk Appropriate Divisions
8:15 A.M. 5000 Meter Run YM, Open
8:50 A.M. 3000 Meter Run ALL DIVISIONS EXCEPT YM
9:50 A.M. 50 Meter Dash Open MS
10:00 A.M. 100 Meter Dash ALL DIVISIONS
10:15 A.M. 1500 Racewalk Appropriate Divisions
10:45 A.M. 400 Meter Hurdles (36") M,open,IB,YM
11:00 A.M. 400 Meter Hurdles (30") M,Open,IG,YW
11:20 A.M. 300 Meter Hurdles Open MS
11:40 A.M. 200 Meter Hurdles (30") YG,YB,Open,M
11:50 A.M. 4 x 100 Meter Relay ALL DIVISIONS
12:15 A.M. 1500 Meter Run ALL DIVISIONS
1:30 A.M. 400 Meter Dash ALL DIVISIONS
2:45 A.M. 80 Meter Hurdles (30") MG,MB
3:00 A.M. 100 Meter Hurdles (33") IG,YW,YB,Open,M
3:20 P.M. 100 Meter Hurdles (30) YG
3:40 P.M. 110 Meter Hurdles (39") M,Open,IB,YM
4:00 P.M. 800 Meter Run ALL DIVISIONS
4:45 P.M. 200 Meter Dash All Divisions
5:15 P.M. 4x400 Meter Relay ALL DIVISIONS

FIELD EVENT SCHEDULE JUNE 6, 2009

ALL FIELD EVENTS FOR YOUTH EXCEPT HIGH JUMP AND POLE VAULT WILL BE 4 ATTEMPTS NO FINALS AND MASTERS AND OPEN WILL BE SIX ATTEMPTS NO FINALS

DEPENDING ON ENTRIES, WE MAY ADD FIELD EVENT SESSIONS

7:30 A.M. Hammer Throw All Divisions

9:00 A.M. Discus O, MS, IB, IG, YM, YW,
9:00 A.M. High Jump SBG, SBB, BB, MB, BG, MG
9:00 A.M. Long Jump YG, YB, MG, MB PIT # 1
9:00 A.M. Pole Vault All Women Divisions
9:00 A.M. Shot Put SBG, BG, MG

11:00 A. M. Discus MG, MB, YG, YB
11:00 A.M. Long Jump SBG, SBB, BG, BB PIT # 1
11:00 A.M. Long Jump OM, MSM, YB, IB YM PIT # 2
11:00 A.M. Pole Vault All Men Divisions
11:00 A.M. Shot Put O, MS, YG, YB, IG, IB, YM, YW
11:00 A.M. High Jump OW, MSW, YG, IG, YW

1:00 P.M. Turbo Javelin SBG, SBB, BG, BB, MG, MB
1:00 P.M. High Jump OM, MSM, YB, IB, YM
1:00 P.M. Shot Put SBB, BB, MB
1:00 P.M. Long Jump OW, MSW, YG, IG, YW PIT # 1

3:00 P.M. Triple Jump All Female Divisions Pit # 1
3:00 P.M. Triple Jump All Male Divisions Pit # 2
3:00 P.M. Javelin Open Pit O, M, Youth, Intermediate,
Young (Open Pit)

O-Open 19-29

MS-Masters-All Age Groups In USATF

USATF AGE Groups-Your Age as of December 31st 2008

SB-Sub Bantam (8 and Under), B-Bantam 10 and Under, M-Midget (11-12), Y-Youth, (13-14) I-Intermediate (15-16), Y-Young Men and Women (17-18)

ALABAMA YOUTH TRACK MEET

